



SPORTS ASSOCIATION OF CATHOLIC COEDUCATIONAL SECONDARY SCHOOLS

Air Quality Guidelines for Home and Away Sport

Title:	Safe Levels of Fine Particle Matter (PM2.5) units for SACCSS Sporting Competitions.
Preamble:	Sports Association of Catholic Co-educational Secondary Schools (SACCSS) has 15 member colleges that are located across the North Western suburbs of Melbourne. The member colleges compete in weekly Home and Away sporting seasons across the year, in both indoor and outdoor sport.
Aim:	The Air Quality Guidelines referring to the Air Quality Index (AQI) are to provide recommendations for safe play for your member students. All children including teenagers are considered 'Sensitive Individuals' in relating to the AQI.
Guidelines:	Each College is responsible for monitoring the Air Quality Index (AQI) on the day of competition for the location that the scheduled sport is to be played. The AQI is to be taken from the following website: https://www.epa.vic.gov.au/for-community/airwatch Good: (0-50 PM 2.5) Moderate: (51-100 PM 2.5) Poor: (101 – 150 PM 2.5) Unhealthy for Sensitive Groups Very Poor: (151-200 PM 2.5) Hazardous: (201-300 PM 2.5)
Recommendation:	It is the recommendation of SACCSS that when the AQI reading is 100 PM 2.5 (poor) or above 2 hours from the commencement of play the game will be cancelled with the view of rescheduling to another time if possible. All Sports (indoor and outdoor) If the AQI is below 100 PM 2.5, 2 hours prior to the commencement of play and the matches begin, but the AQI rises to Poor (+100 PM2.5) while in play, the game is suspended for 30 minutes. If the reading is still Poor (+100PM 2.5) 30 minutes later then the match is cancelled. <i>**Match result for a game that was cancelled once play commenced, as per injury time guidelines stated in each individual sport rules in SACCSS Handbook.</i>